

## Social-Emotional Supports During Virtual, Hybrid, and In-Person Learning

(In case of emergency, please dial 911. Please note that any messages left outside of regular business hours will be answered as quickly as possible when business hours resume.)

	PLE	HZ	ACMS	PHS
Student Services Contact Information	School Counselor Laura Howard howalau@pewaukeeschools.org	School Counselor Amy Farrow farramy@pewaukeeschools.org	School Counselor Brianna Bartoszewski bartbri@pewaukeeschools.org	School Counselor Katie Williams willkat@pewaukeeschools.org
			School Counselor Kelly Brennan Brenkel@pewaukeeschools.org	School Counselor Angie Lewek leweang@pewaukeeschools.org School Counselor Amanda Sorkness sorkama@pewaukeeschools.org
	Counselor is available to email, G-Chat, and video conference during school hours.	Counselor is available to email, G-Chat, and video conference during school hours.	Counselors are available to email, G-Chat, and video conference during school hours.	Counselors are available to email, G-Chat, and video conference during school hours.
	Students can request to meet with the school counselor via email, message through Seesaw, or by asking their teacher to arrange a meeting. Parents can refer their child through the Seesaw Family app or email.	Students can request to meet with a school counselor via email or by asking their teacher to arrange a meeting. Parents can refer their child for purposes of consultation on next steps for a concern that affects school performance.	In addition, students can request to meet with a school counselor using the <b>counselor check-in form</b> located on ACMS's <u>splash page</u> . Please note the request form is only accessible during school hours.	Students can request to meet with a school counselor via email or if in person - stopping in to the Student Services Center. The new offices are located near the front entrance, past the office.  Students can schedule a time to meet with their counselor on their specific Google Calendar Link:  Mrs. Williams  Mrs. Lewek  Mrs. Sorkness  Lots of resources and up-to-date information found on our counseling website including our monthly newsletter!

Student Services Contact Information				
	PSD School Social Worker  Michelle Davison  davimic@pewaukeeschools.org			
		stance Coordinator Voodford aukeeschools.org		

## **FAMILY RESOURCES**

Community Resources	PSD Community Resources Website  *This provides information on a variety of local resources including housing support, food assistance programs, mental health resources, etc.  Free Parenting Seminars
Tips for successful virtual learning	Creating a positive virtual learning environment Study Tips for Online Learning Steps to Succeed in Online Learning
Coping Skills/Stress Management	12 Calming Mindfulness Activities for Kids (Elementary) 99 Coping Skills School Anxiety Information and Solutions Overcoming School Refusal Child & Adolescent Mental Health Tipsheet Coping With Loss/Grief Facing the Challenges of Reopening Talking to Your Child About Coronavirus Stress & Anxiety in Youth 12/8/2020 Dr. David Jacobi for Parents United - revised version
Informational sites for various concerns	ADDitude - help with parenting a child with ADD Substances causing AODA concerns